



increases **self-esteem**
reduces challenging behaviours



consider the **opportunities** you have
to regularly **praise** or **highlight** positives

1

watch for **opportunities** to respond
(hint: they happen a lot more than you think!)

2

provide **immediate** and **specific** praise (e.g. “you
are being very helpful by cleaning up your area ”)

3

positive
participation

some common
opportunities



positive **emotions** (e.g.
“I’m glad you’re excited!”)



use of **strengths** (e.g. “the sorting
is much easier when you help me”)



small **accomplishments** (e.g. “that
was your best try today, great effort”)



engagement (e.g. “I like it when
you sit with the group”)



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